

TRACK & FIELD

Practice Starting Date – March 16, 2026

Meet Time - 3:15 p.m.

Thursday April 9, 2026 D Hamm @ Gunston
Jefferson @ Kenmore
Swanson @ Williamsburg

Tuesday April 14, 2026 D Hamm @ Jefferson
Swanson @ Gunston
Williamsburg @ Kenmore

Thursday April 16, 2026 D. Hamm @ Kenmore
Gunston @ Williamsburg
Jefferson @ Swanson

Tuesday April 21, 2026 Swanson @ D Hamm
Kenmore @ Gunston
Williamsburg @ Jefferson

Thursday April 23, 2026 Williamsburg @ D Hamm
Gunston @ Jefferson
Kenmore @ Swanson

Tuesday May 5, 2026 COUNTY-FIELD EVENTS
1:00 PM **Kenmore**

Thursday May 7, 2026 COUNTY RUNNING EVENTS
1:00PM **Kenmore**

* County Championship events are weather dependent

❖ **SCHEDULES ARE SUBJECT TO CHANGE – CHECK THE SCHOOL’S WEBSITE TO CONFIRM DAY, TIME & LOCATION.**

ARLINGTON MIDDLE SCHOOL
ATHLETICS

rev. 05/27/25