What we are looking for to make the basketball team:

1. Good Grades
2. Leadership
3. Sportsmanship
4. Good attitude
5. Positivity
6. Skill level- dribbling, passing, shooting, defense, rebounding
7. Overall knowledge of game

COMMITMENT.

Talent is achieved thru hours of practice, not only during scheduled hours, but on a players own time.

Criteria for making the Basketball team:

Well-developed skills:

1. Lay-ups (both right and left handed)
2. Shooting
3. Dribbling/Ball handling
4. Defense
5. Rebounding
6. Passing (bounce pass, chest pass, overhead pass, outlet pass)
7. Aggressiveness (without being out of control)

We also have scrimmages, and we look for good knowledge and understanding of the game. For example, movement and position without the ball, development and follow through of plays, decision making on the court, overall athleticism, and an understanding of the roles of the different positions.

As the coaches we also need to maintain a balance of players in each position so that we’re able to give maximum playing time in games, and be prepared with adequate substitutes.