**Middle School Ultimate Schedule**

**Practice Starting Date – September 12, 2022 Game Time – 3:00\***

\*All games start after each team has at least a 10-minute warm-up and as close to 3:00 as possible.

\*Practice is twice a week for all schools - No Friday practices or games

**Boys** Practice Starts **September 12, 2022** **Girls** Practice Starts **October 6, 2022**

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| **Boys Season** | **Girls Season** | **Games** |
| September 19  Monday | October 17  Monday | Kenmore @ Williamsburg  D. Hamm @ Swanson  Jefferson @ Gunston |
| September 21  Wednesday | October 19  Wednesday | Gunston @ Kenmore  Swanson @ Jefferson  Williamsburg @ D. Hamm |
| September 28  Wednesday | October 26  Wednesday | D Hamm @ Kenmore  Swanson @ Gunston  Williamsburg @ Jefferson |
| September 29  Thursday | October 31  Monday | D. Hamm @ Gunston  Jefferson @ Kenmore  Swanson @ Williamsburg |
| October 3  Monday | November 2  Wednesday | Gunston @ Williamsburg  Jefferson @ D Hamm  Swanson @ Kenmore |

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