



**Williamsburg Middle School
Student Services Department
Thursday, December 19, 2019
8:30AM – WMS Library Wolf Den**

**SCHOOL COUNSELING
ADVISORY COUNCIL**



Agenda



- Purpose of Advisory Council
- Reflection on Feedback
- Upcoming Dates and Activities
- Department Goal
- Needs Assessment
- Data
- School Psychologist, Social Worker, Substance Abuse Counselor, EL Counselor
- Exit Ticket



Purpose of the Advisory Council



The purpose of the advisory council is to provide feedback on program goals, review program results, make recommendations, and advocate for the school counseling program.



Feedback From Spring Advisory Council



- Work more closely with teachers to help struggling students
 - Continue SOS
 - Help students with suicidal thoughts and prevent as much self-harm
 - The School Counseling Department could talk a little more about how vaping isn't good and how much of an issue it is
 - Do counselors collect data on how many students they see each day, what they talk about?
-



Calendar

Upcoming Dates:

- January 13: WMS Academic Planning Night
- January 22: WL Visits WMS
- January 22: Yorktown HS Information Night
- January 27 & 28: Yorktown HS Visits WMS
- February: Academic Advising
- February 3 - 7: School Counselors Week
- April 30: Advisory Council

Ongoing:

- IEPs
- Section 504
- Student Studies
- Groups
- Individual Meetings
- Classroom Lessons
- Academic Advising



Department Goal



APS Strategic Plan 2018-2024

- Student Well-Being
 - All students can identify at least one school-based adult who supports and encourages their academic and personal growth



Department Goal



Results from Needs Assessment (September 2019)

- 6th grade: 277 out of 325 students identified a trusted WMS adult
- 7th grade: 253 out of 285 students identified a trusted WMS adult
- 8th grade: 174 out of 211 students identified a trusted WMS adult



Department Goal

Goal:

By the end of April 2020, 95% students will identify a trusted adult they feel they can speak with about a concern.

Action Plan:

- Needs Assessment
- Connectedness Survey
- ACT
- Individual Meetings
- Second Step Lessons
- Academic Planning



Needs Assessment



Students Identifying Counselor(s) as a Trusted Adult	
6th	52%
7th	42%
8th	46%



Needs Assessment

		Percentage of Students Who Selected 1 or More Areas						
None	Selected 1 or more	Anxiety	Stress	Study Skills	Organization	Grades	Body Image	
38%	62%	26%	45%	40%	19%	37%	6%	
45%	55%	34%	60%	45%	21%	34%	18%	
54%	46%	45%	70%	48%	27%	51%	21%	



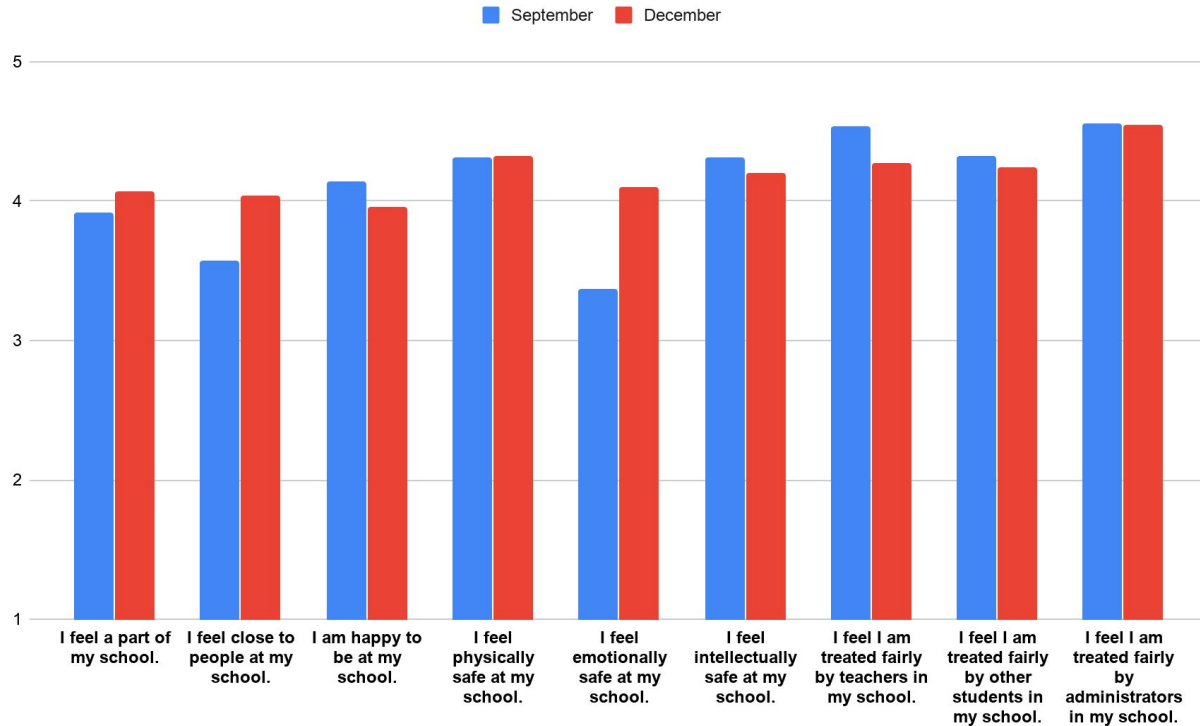
Needs Assessment

Did Your Parents Attend College/University?			
	No or Do not know	Yes	Percentage
6th Grade	22	303	6.7
7th Grade	11	274	3.8
8th Grade	7	204	3.3

Students referred to College Bound Group

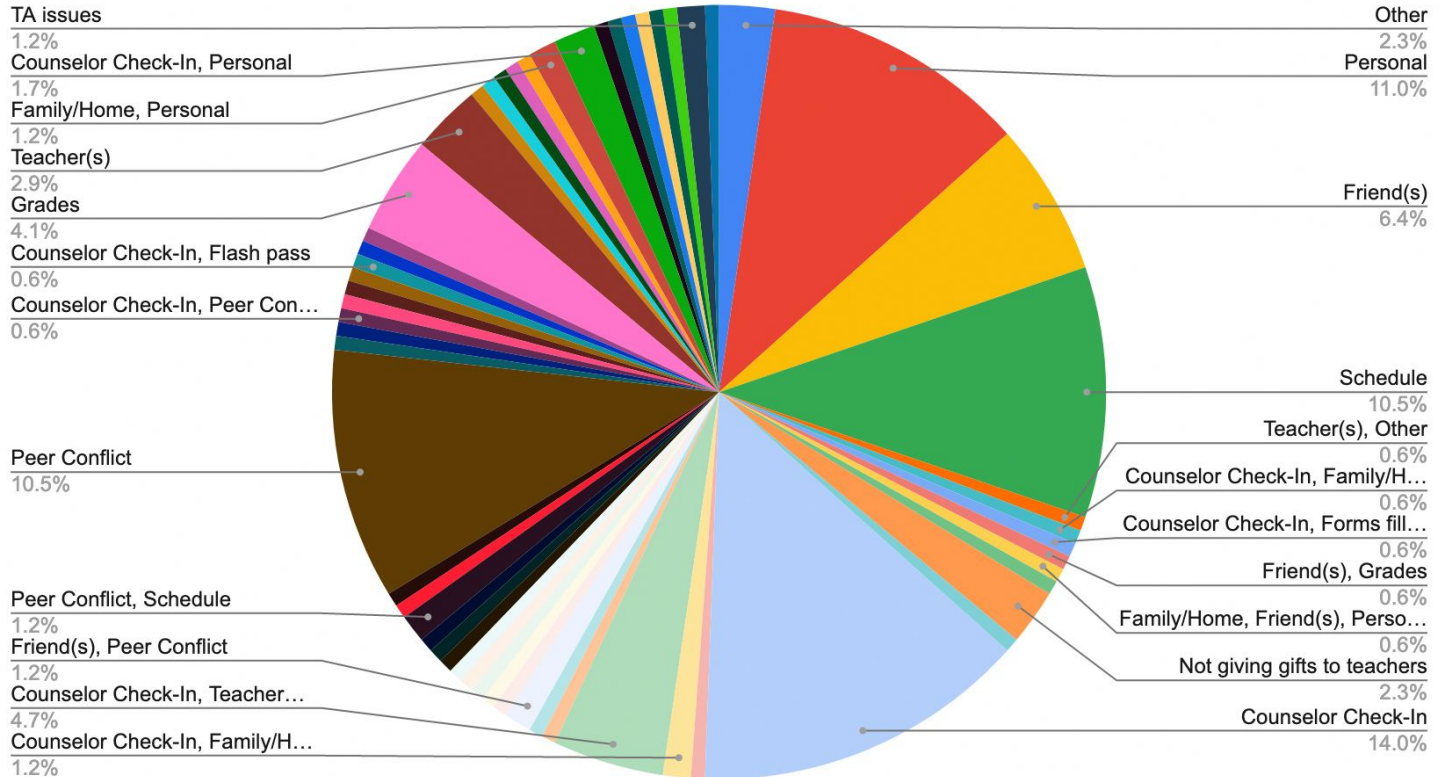


6th Grade Connectedness Survey





Reason(s) For Visiting School Counselor





Acknowledge Care Tell



- The Signs of Suicide Program was delivered to 8th Grade students in October.
 - Acknowledge
 - Care
 - Tell
- Students completed the BSAD measure
 - Students indicating current suicidal ideation/attempt met with a school counselor, school social worker, or school psychologist on the day of the screening
 - Students indicating other concerns were seen throughout the week



SOS Totals 2019



Absent

4.5%

Yes to #5

2.1%

Yes to #4

1.4%

Yes to 5 questions

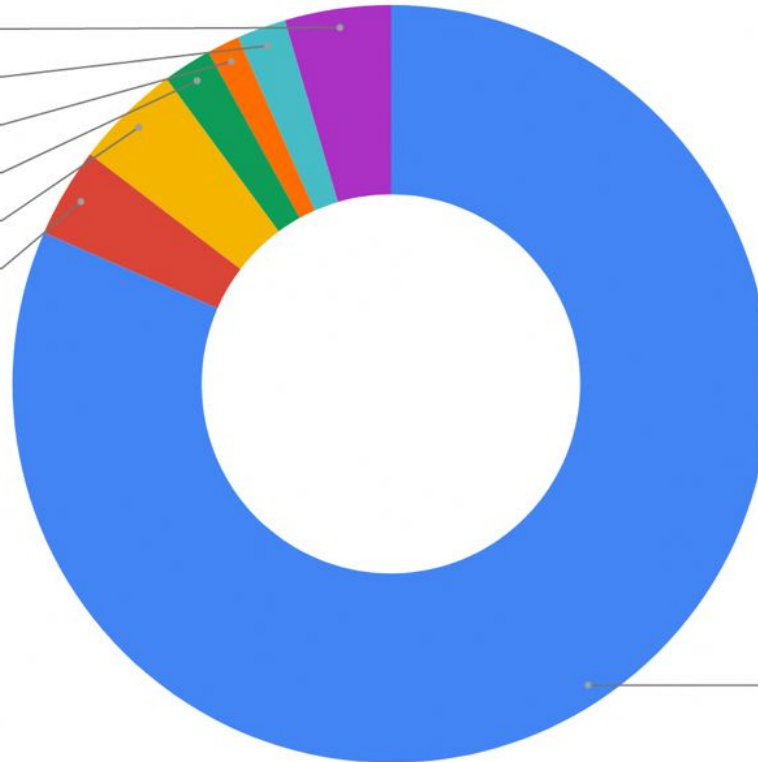
2.1%

Yes to 4 questions

4.5%

Yes to 3 questions

3.8%



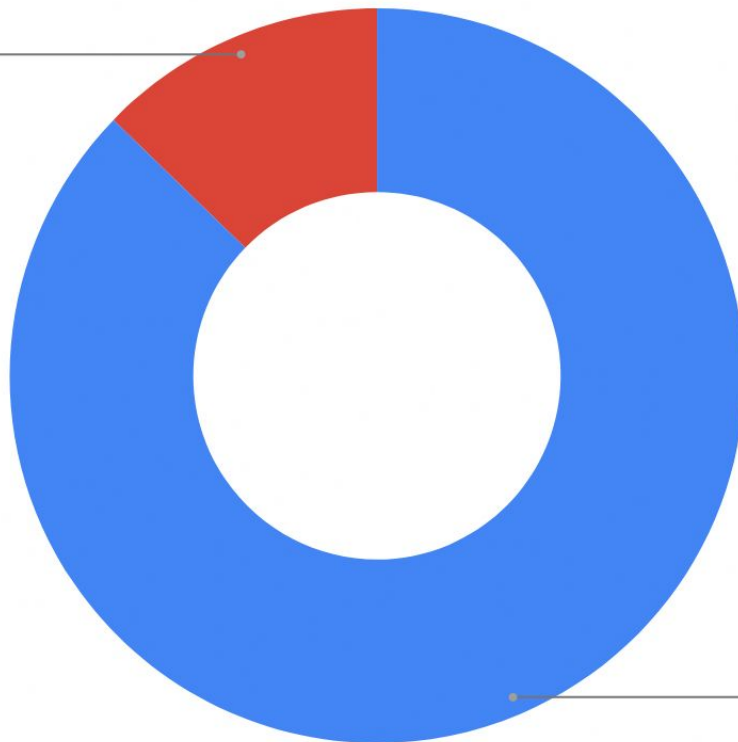
Yes to 2 or less
81.5%



Total Percentage Seen By Student Services



Seen By Student Services
12.7%



Total Screened
87.3%



ACT Screening Results



- Nearly 13% of 8th grade students screened were seen by a member of the student services staff.
- 3.5% of 8th grade students responded “Yes” to “Do you think seriously about killing yourself?” and/or “Have you tried to kill yourself in the last year?”
- The Acknowledge Care Tell program is necessary as it helps to identify students who may have suicidal ideation or a plan.
 - The program aids students with identifying signs of depression and suicidality in their peers and teaches them to speak with a trusted adult for help.



Second Step Lessons



6th Grade

- Welcome to WMS and Making New Friends
- Self-Talk

7th Grade

- Gender Harassment

8th Grade

- Sexual Harassment
-



Second Step Data



6th Grade: 100% of participating students answered the question

- What is one way you can make new friends in middle school?

7th Grade: 100% of participating students answered the following scenario

- IF (OR WHEN) I witness gender harassment, THEN

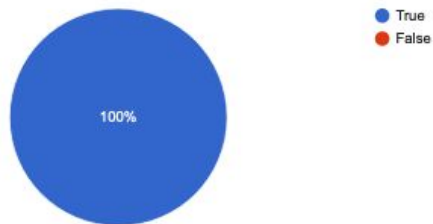


Second Step Data - 8th Grade



Sexual harassment can happen to both boys and girls.

262 responses



Sexual harassment can be

261 responses





Department Goal Progress

As a result of our interventions:

- 6th Grade: 309 out of 326 students identified a trusted WMS adult
 - 7th Grade: students will be surveyed a second time in February 2020
 - 8th Grade: 268 out of 274 students identified a trusted WMS adult
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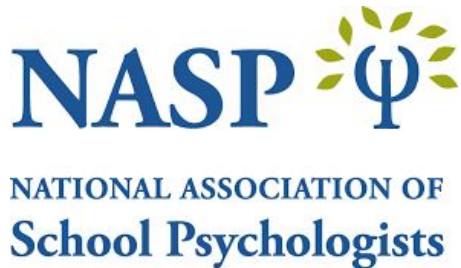
What is a School Psychologist?



“School psychologists are the psychologists who know the most about education and the educators who know the most about psychology.”

Core Services:

<ul style="list-style-type: none">• Assessment	<ul style="list-style-type: none">• Intervention
<ul style="list-style-type: none">• Consultation	<ul style="list-style-type: none">• Research & Planning
<ul style="list-style-type: none">• Counseling	<ul style="list-style-type: none">• Prevention





Roles as School Psychologist at WMS:



- Conduct psychological evaluations for special education eligibility and planning purposes
 - Serve as a member of the Student Support Team, Student Services Department, and Individualized Education Program (IEP) teams
 - Provide individual and group counseling services
 - Consult with teachers and parents to support students' academic, behavioral, and social-emotional needs in both the general and special education settings
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School Social Worker



1. Helps students and their families get things that they need (school supplies, clothes, food, rent, medical care, etc.) to eliminate barriers to learning.
2. Provides counseling to students both individually and in groups.
3. Provides training to staff and parent groups.
4. Interviews parents for sociocultural assessments as part of the special education eligibility process.



Substance Abuse Counselor

Second Chance Referrals:



2018-2019	2019-2020
23	0

Classroom Presentations: 18; 335 students

Trainings: Staff, Custodial, PTA



Lunch and Learn With a MADD Advocate

Top 5 Responses

1. .08 is the legal limit - 21
2. Do not drink and drive - 17
3. Do not drink until 21 - 7

	Yes	No
Did you meet SRO Reed?	35	27

	Not Impactful	Unsure	Very Impactful
Please rate the impact of the presentation.	0	2	60

	Yes	No
Will you share what you learned today with your parent(s)/guardian(s)?	56	4



EL Counselor



To date:

- 16 Social Social Skill Groups have been conducted with 6th and 7th grade students.
 - 10, 8th Grade Students attended the Latino Youth Conference at George Mason University (Arlington campus).
 - Conducted 5 Activities with 6th, 7th, and 8th grade students for Hispanic Heritage Month.
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Exit Ticket



On separate Post-It Notes please answer the following questions:

- In what ways has the Student Services department made a difference for WMS?
 - How can the Student Services department support WMS?
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Thank You For Participating

