

**Arlington Public Schools  
Family Life Education  
Parent Opt-Out Form**

SCHOOL \_\_\_\_\_ DATE \_\_\_\_\_

STUDENT NAME \_\_\_\_\_ TEACHER NAME \_\_\_\_\_

STUDENTS HOME ADDRESS \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

**I hereby exercise my option to have my child opt-out of the following objectives. I understand that my child will be given an alternative assignment to be completed independently in place of any objectives from which I opt-out my child. I also understand that the child is expected to comply with school rules and policies while working on the alternative assignment and that a grade will be given for this assignment.**

**DIRECTIONS: Please place your initials on the line next to each objective from which you opt-out your child.**

- \_\_\_\_7.1 The student will identify his or her role and relationships within the family.
- \_\_\_\_7.2 The student will realize that physical affection does not have to be sexual, but it also can be an expression of friendship, of celebration, or of a loving family.
- \_\_\_\_7.3 The student will recognize that sexual behaviors are conscious decisions; that it is important to say "no" to premarital, abusive, and inappropriate sexual relationships; and that appropriate relationships are based on mutual respect, trust, and caring.
- \_\_\_\_7.4 Students will explore safety issues related to the Internet.
- \_\_\_\_7.5 The student will be aware of the consequences of preteen and teenage sexual intercourse.
- \_\_\_\_7.6 The student will list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage.
- \_\_\_\_7.7 The student will develop an understanding of and responsibility for family planning.
- \_\_\_\_7.8 The student will explain techniques for preventing and reporting sexual assault and molestation.
- \_\_\_\_7.9 The student will identify the issues associated with friendships.
- \_\_\_\_7.10 The student will realize the role of peers and the peer group during adolescence, and the nature and purpose of dating.
- \_\_\_\_7.11 The student will recognize contributions of various racial and ethnic groups to family life and society.
- \_\_\_\_7.12 The student will increase his or her ability to listen to different points of view and to accept the rights of others to a differing point of view.
- \_\_\_\_7.13 The student will identify causes, symptoms, treatment, prevention, and transmission of sexually transmitted infections, including HIV.

**PLEASE RETURN THIS FORM TO THE PRINCIPAL BY THE DATE ESTABLISHED BY YOUR SCHOOL**

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_